- 1. The purpose of these rules is to select the Maine U16 and Eastern High School Championship Teams.
- These rules will govern the Selection Races and may be amended or changed only by majority vote of coaches at the Fall Meeting of the MNSCA.
- 3. Dates and locations of the Selection Races will be solicited by the President of the MSCA, or the Nordic Liaison. They will be approved by majority vote at the Fall Meeting.
- 4. A committee will be selected to oversee the races and teams. It will be composed of the following members: Team Leader, Head Coach, Head Wax Coach, and two additional coaches. If possible, the President and/or Nordic Liaison will be included but this is optional.
 - This committee may, by majority vote, handle any exceptional situations not covered by these rules that arise concerning race site, date, start time, format, etc
- 5. The Race Jury, appointed by the host site, will ensure that the race is run under FIS/USSA rules.
- 6. If necessary, any athlete who qualifies for the USSA Junior Nationals as part of of the NENSA quota will be automatically selected to the Maine Nordic Team. The remaining slots and five alternates will be filled by the top finishers in the Selection Race, in race order. Alternates will fill any open slots on the team. **See #11 below.**
- 7. The EHSC and U16 Selection Race will be Pursuit Format, with a 5K Classical technique first, followed by a 2.5 K FS Pursuit; Amended Fall 2021.
 - The U16 format will be determined at the Fall meeting.
- 8. Once named, athletes will make a nonrefundable deposit with the Team Leader. This deposit will be refunded, in exceptional circumstances, only if the slot can be Filled.
- 9. Athletes are responsible for any and all damage that they may cause to happen. Any athlete, who is, in the opinion of the Team Coaches, acting inappropriately, will be removed from the team and sent home. Parents will be responsible for transportation, if necessary.
- 10. Athletes are responsible for room and meal expenses of the coaches. In addition, the Trip Leader will receive a stipend of \$150.00 from the MSCA to cover additional expenses.
- 11. Amended Fall 2022; do away with all auto qualifiers. Athletes must attend and qualify at the Selection Race. (Motion Chris Easton, passed unanimously).

Note: The Trip Leader has been paid from the team funds in the past, not from the MNSCA account. Probably needs to be amended, or MNSCA dues increased.