

TO: **NORDIC** Ski Championship Teams & Individuals
FROM: MPA Ski Committee
Stephen Bell, Chair
DATE: February 13, 2025
SUBJECT: Class A,B,C State Nordic Ski Championships

Congratulations and welcome to the schools and individuals that will be competing in the upcoming Class A, B, & C Nordic Ski Championships at Black Mountain in Rumford! Below please find some general information that should help answer some of your questions. Please share this information freely with your coaches, athletes, and parents. If you have any questions, please don't hesitate to contact Steve Bell (207-933-4416 or stevebell@kidsrsu.org) or Mike Bisson at the MPA office (207-622-0217, ext. 141 or mbisson@mpa.cc).

2025 NORDIC SKI SCHEDULES: Click on the link below for the Class A, B, & C Nordic Championship. This memo is specifically for the Nordic events. [2025 Class A-B-C Nordic Schedule](#)

Due to travel concerns for Sunday, the Nordic Championships have been postponed to Tuesday, February 18 and Wednesday, February 19 at the originally scheduled times.

*If wind chills cause a full postponement of the Classical race on Tuesday, we will race both the Classical and Freestyle Pursuit on Wednesday with race times to be announced.

QUALIFYING FOR INDIVIDUAL EVENTS: For the 2025 Nordic championships, athletes competing in the championship races must have competed in at least four meets during the regular season.

ENTRY FEES: Fees this year will be \$200 per Nordic team and \$100 per individual.

COACHES' ELIGIBILITY: Any coach that is working with athletes must be certified on the MPA eligibility certification form submitted by the school. Two of the MPA eligible coaches will be issued a bib to wear during the Nordic races.

COACHES' MEETINGS: The coaches' meetings each day are extremely important to get directions from the officials. ***Please make sure that one coach from your team attends these meetings.*** The coaches' meetings will be virtual the night before each day of competition through Zoom. All meetings are at 8:00 p.m. Below is the Zoom link being used for both Nordic Coaches' Meetings being held on Monday, February 17, 2025 at 8:00 p.m. (Interval Start Classical) and Tuesday, February 18, 2025 at 8:00 p.m. (Freestyle Pursuit)

Topic: Nordic Coaches Meeting for State Meet both Nights

Join Zoom Meeting (Zoom link was emailed to coaches)

ENTRY FORMS: These must be submitted to the MPA office on or before February 12, 2025. Any athlete competing as an individual must use the standard entry form and must include a coach who meets eligibility standards and accompanies the athlete to the meet. In the transition to separate championships, the entry process will still utilize the same software and process for this year.

RULES: All championship meets are governed by the Maine Interscholastic Skiing Rules and the MPA Ski Bulletin. Copies of the 2025 Nordic Ski Rules and the 2025 Ski Bulletin may be found by clicking on the links below:

[2024-2025 Nordic Skiing Rule Book](#)

[2024-2025 MPA Championship Ski Bulletin](#)

SPORTSMANSHIP: All competitors and coaches are expected to conduct themselves in a respectful and sportsmanlike manner. Swearing or other unsportsmanlike behavior will be referred to the jury and may cause a competitor to be disqualified and to lose any points earned during the meet. Sportsmanship voting is open on the MPA website February 10, 2025. If your school does not vote they are ineligible to win the award.

REGISTRATION AND BIB PICK-UP: Coaches may pick up bibs on Tuesday, 2/18 from 9:00-10:00 a.m. in Race Headquarters. Coaches may pick up bibs on Wednesday, 2/19 from 7:30-8:30 a.m. in Race Headquarters.

LODGE SPACE / CONCESSIONS: Space is limited at the Black Mtn Lodge. Black Mtn has the old lodge (former wax rooms) and we are asking athletes to use the old lodge and their buses. Tailgating (including the use of electrical appliances) in the Black Mtn Lodge is **not permitted**. Teams wishing to tailgate may do so in designated areas away from the wax areas. ***Please share this information with any ski booster/parent groups well in advance of the championship events.***

TAILGATING: Team “outdoor tailgating” designated area will be in the side parking lots.

BIBS: All bibs must be worn outside of the clothing and must be clearly visible with the numbers showing. Two MPA eligible coaches will be issued bibs for course access in the Nordic races. In a Nordic race, coaches with bibs will be allowed to run on the side of the course with their athlete for up to 30 meters.

WAXING: Only those ski coaches meeting MPA Coaches’ Eligibility Standards and parents of athletes listed on the ski team entry roster may wax skis at the ski meet. A competitor may wax his/her skis during the race without assistance from another person. For 2025, in Nordic Skiing ALL wax will be restricted to fluoro-free wax. Please be prepared with generators/torches.

T-SHIRTS: Northwest Design will be ON SITE to sell merchandise on Tuesday, February 18 ONLY. To order merchandise before or after the event, please click on the link below:

[2025 \(MPA\) Maine State Nordic Skiing Championships / 42245RI - Northwest Designs Ink](#)

VIDEO: Video in defense of a disqualified athlete, not for creation of a disqualification, may be used by the jury.

Revised: 2/13/2025