

OHCHS SPRINT RACE

February 4, 2012

Location: Sunny Croft Farm, 17 Christian Ridge Rd., Paris Hill

Time: Start time: 10am
Registration: 8am

Events: Freestyle Single Elimination Sprint on a 1K course
3K race for Non-Sprint Participants

Format: Top six boys and top six girls from each school will participate in a 1K time trial from which the top 48 boys and 48 girls will be seeded in the single elimination sprint race. There will be a total of 8 brackets of 6 racers for both boys and girls.

The remainder of your team and **those eliminated in the time trial** can participate in a Wave start 3K timed race. The boys will start first followed 5 minutes later by the girls. This event will begin after the second round of the sprint race. Everyone eliminated from the time trial will be entered in the 3k race. If they choose not to participate they needn't pick up their bib.

Awards: Awards will be given to the top four sprint finishers and top 3-3K finishers in both the boys and girls events.

Amenities: Porta-potties will be available.
Free Cookies, Brownies, etc. Following The Race.
There will be Chili for sale during the day.

Cost: \$6/racer. Make checks payable to Oxford Hills Comprehensive HS

Notes for

Bus Drivers: Bring a lunch as there is no food service available on site.

Participating

Schools: Maranacook, Mt. Blue, Telstar, Camden Hills, Leavitt, Winthrop, Mt. Valley, Greely, Jay/
Livermore, Dirigo, Edward Little and Oxford Hills

For more information or questions call Chris Easton @ 583-6603 or email
cpeaston@megalink.net

email registration by 4pm January 31

Entry Form

School: _____

Coach: _____

Phone #: _____

Email: _____

BOYS:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

SPRINT ENTRIES

GIRLS:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

3K ENTRIES

Use this format and email by 4pm January 31