



**BOULDER
NORDICSPORT**

**Class C Skate Race
Fort Kent, ME 2/16/10**

Weather forecast from the National Weather Service:

Monday Night: A chance of snow showers. Cloudy, with a low around 12. Chance of precipitation is 30%.

Tuesday: A chance of snow showers. Cloudy, with a high near 32. Chance of precipitation is 30%.

Discussion:

The snow in Fort Kent should be really good. Reports have the trails having great coverage currently. The key will be having fluorocarbons to manage the moisture and keep the ski clean.

BNS Wax Recommendation:

Glide-

Good: Iron in SkiGo LF Graphite. Scrape and brush well with fine steel/bronze/copper. Iron in SkiGo LF Blue or Swix LF7/8 mix, scrape and brush with fine steel/bronze/copper. Make sure to polish with a white nylon brush aggressively.

Better: Iron in SkiGo LF Graphite. Scrape and brush well with fine steel/bronze/copper. Iron in a layer of Holmenkol Matrix Red or SkiGo HF Blue or Swix HF8. Scrape and brush with fine steel/bronze/copper. A second layer will only help with durability. Make sure to polish with a white nylon brush aggressively.

Speed at all Costs: Iron in SkiGo LF Graphite. Scrape and brush well with fine steel/bronze/copper. Iron in a layer of Holmenkol Matrix Red or SkiGo HF Blue. Scrape and brush with fine steel/bronze/copper. Rub on SkiGo C105 or Holmenkol Mid block. These are pure fluors for top speed and max durability.

At BNS we want to help you, please do not hesitate to call us or email us if you have questions about any wax.

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