



REVISED MARANACOOK WAVE RACE 2020

- Date: January 18, 2020
- Location: Quarry Road Trails, Waterville
- Registration: 8:00 am to 9:30 pm in the yurt
- Start: 10:00 am for girls, 11:30 pm for boys
- Style: Freestyle, 5k. Wave start by grade (seniors first, then juniors, etc.). There will be 6 to 8 skiers per wave depending on the number of entrants.
- Entry Fee: \$8 per skier (Checks to Maranacook Nordic Team)
- Prizes: T-shirts to the top skiers from each grade in the nordic race (both girls and boys)
- Bonus: Free hot chocolate and cookies while you wait for results!!

Please email your entries to reaster@mac.com by **5 pm on Wednesday, Jan. 17**, using the format shown below on the attached spread sheet. Just edit the spreadsheet to put your skiers in order seeded by grade level. **Please be timely** because it takes a little longer to set up the wave race format. **Schools who send entries after Wednesday will be charged \$50.00**. Also, please make your running order is as accurate as possible! (Ask your skiers what class they are in if you are not sure!!). Some last minute scratches are always necessary, but if we can keep them to a minimum, it helps preserve the wave format. **List your skiers from fastest to slowest**. Any changes from what you see here will be posted at www.mainehighschoolskiing.com. If weather on race day is questionable, check the MHSS site before you leave in the morning!

NO GLIDE WAX HIGHER THAN LF IS ALLOWED IN THIS RACE!

GIRLS (By class, seniors first)		BOYS (By class, seniors first)	
Name	Grade	Name	Grade
1. Fastest Senior Girl	12	1. Fastest Senior Boy	12
2. 2 nd Fastest Senior Girl	12	2. 2 nd Fastest Senior Boy	12
1. Fastest Junior Girl	11	1. Fastest Junior Boy	11
2. 2 nd Fastest Junior Girl	11	2. 2 nd Fastest Junior Boy	11

.....and so on down through your freshmen last.