

# OHCHS SPRINT RACE

February 4, 2023

**Location:** Sunny Croft Farm, 17 Christian Ridge Rd., Paris Hill

**Time:** Start time: 10am  
Registration: 8am

**Events:** Freestyle Single Elimination Sprint on a 1K course  
3K race for Non-Sprint Participants

**Format:** Top six boys and top six girls from each school will participate in a 1K time trial from which the top 48 boys and 48 girls will be seeded in the single elimination sprint race. There will be a total of 8 brackets of 6 racers for both boys and girls.

The remainder of your team and **those eliminated in the time trial** can participate in a Wave start 3K timed race. The boys will start first followed 5 minutes later by the girls. This event will begin after the second round of the sprint race. Everyone eliminated from the time trial will be entered in the 3k race. If they choose not to participate they needn't pick up their bib.

**Awards:** Awards will be given to the top six sprint finishers and top 3-3K finishers in both the boys and girls events.

**Amenities:** Porta-potties will be available.  
There will be Chili and other food items for sale during the day.

**Cost:** \$8/racer. Make checks payable to Oxford Hills Comprehensive HS

**Notes for**

**Bus Drivers:** Bring a lunch as there is no food service available on site.

For more information or questions call Chris Easton @ 207-329-7854 or email [cpeaston@megalink.net](mailto:cpeaston@megalink.net)

**email registration by 7pm January 31th**

Please follow the format below when emailing entries.

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

**BOYS:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

**SPRINT ENTRIES**

**GIRLS:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

**3K ENTRIES**

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Use this format and email by 7pm January 27th